Fox Insight SURVEY RESULTS CAPTURE IMPACT of COVID-19 on PARKINSON'S Over a four-week period, leading Parkinson's researchers deployed a first-of-its-kind study through Fox Insight, The Michael J. Fox Foundation's online clinical study, to identify the effects of the global pandemic on Parkinson's symptoms and disruptions in care. These findings will help clinicians assess and meet patient needs and allow the Foundation to advocate for public

PARKINSON'S COVID-19

policies that provide improved access to care for the Parkinson's community.

7,200+ Surveys were received; of those:

5,429 were people with Parkinson's 51
received COVID-19
diagnosis

That's equal to
10 surveys
completed
every hour
over a 30-day

over a 30-day period

OF THOSE WITH COVID-19:

75% reported new or worsening non-motor symptoms

55% reported worsening of an existing motor symptom

 $18^{\%}$ reported new motor symptoms

OF THOSE WITH PARKINSON'S WITHOUT COVID-19:



52%

reported worsened non-motor symptoms

43%

reported worsened motor symptoms

35%

reported that at least one essential daily activity was disrupted



Interruptions to exercise and daily social activities were associated with worsening of Parkinson's symptoms even in those without COVID-19, indicating the toll that living through the pandemic has taken on people with Parkinson's.

Barriers to Care



62%

of respondents with Parkinson's without COVID-19 had issues accessing health care



39%

of respondents with Parkinson's used telemedicine



Lower income participants and people of color experienced more obstacles obtaining Parkinson's medications and attended fewer telemedicine appointments.



The Fox Insight COVID-19 survey is still open. Share your experience at foxinsight.org