

8:30 a.m.	Walk Begins 1.2 mile rolling start from 8:30 a.m. to 12:30 p.m.
8:45 a.m.	Welcome Remarks Emily Conklin Barone, Parkinson's Unity Walk Director
8:55 a.m.	Warm-up with JCC Manhattan
9:25 a.m.	Hear from The Michael J. Fox Foundation Chief Development Officer, Lisa Boudreau
9:30 a.m.	LSVT Global Experience new power in your voice and movement by participating in fun exercises with expert LSVT therapists. Learn how these scientifically proven speech, physical and occupational therapies can help you claim the strong voice and movement you need in daily life!
9:55 a.m.	The Latest in Parkinson's Public Policy Guest Speaker, The Michael J. Fox Foundation
10:00 a.m.	The Dancer Movement The Dancer Movement specializes in adaptive and accessible dance and dance-style fitness. Get on your feet for some easy-to-follow moves from a range of different dance styles.
10:25 a.m.	Hear from Carrie Preston: Star of CBS' Elsbeth & Parkinson's Advocate
10:35 a.m.	Rock Steady Boxing: Eastern Island Rock Steady Boxing Eastern Island is not only an avid participant of the Parkinson's Unity Walk but also an incredible advocate of physical exercise in their local PD community. Get ready to enjoy this demonstration of a basic boxing workout progression geared toward those living with PD.
11:00 a.m.	Guest Speaker
11:05 a.m.	Dance for PD Your mind, body and soul will be inspired as teachers from the flagship NYC Dance for PD program guide joyful movement etudes in English, Mandarin, and Spanish. Seated or standing, we invite you to explore the universal language of dance with us!
11:30 a.m.	A Warm Thank You from The Michael J. Fox Foundation Head of Community Fundraising & Events, Stephanie Paddock
11:35 p.m.	Yoga with JCC JCC guides you through seated and standing postures to stretch the body and center yourself.
12:00 p.m.	Reminder: Walk route closes in 30 minutes
12:05 p.m.	Moving Brains Foundation
12:30 p.m.	Closing Stretch with JCC Manhattan
1:00 p.m.	Event Ends Thank you for joining us – see you in 2026!

PARKINSON'S UNITY WALK

- 1. COVERED SEATING
- 2. REFRESHMENTS NORTH
- 3. ABBOTT
- 4. DAVIS PHINNEY FOUNDATION
- 5. BLUEROCK THERAPEUTICS
- 6. PARKINSON'S FOUNDATION
- 7. SEATING
- 8. RESTROOMS
- 9. SPONSOR INFORMATION
- 10. AMNEAL
- 11. MOUNT SINAI
- 12. APDA
- 13. PMD ALLIANCE
- 14. ACADIA
- 15. SEATING
- 16. ABBVIE
- 17. CAFFE ARONNE
- 18. SEATING
- 19. RESTROOMS
- 20. SEATING
- 21. REFRESHMENTS SOUTH
- 22. KIDS BOOTH | FACE PAINTING
- 23. ASK THE EXPERTS
- 24. COVERED SEATING
- 25. OUTREACH REHABILITATION
- 26. QUEENS COLLEGE
- 27. HACKENSACK MERIDIAN HEALTH
- 28. PHOTO BOOTH
- 29. THE MICHAEL J. FOX FOUNDATION
- 30. MOVEMENT AND EXERCISE GROUPS
- 31. COLUMBIA - NEW YORK
- 32. PARKINSON'S BODY & MIND
- 33. PD AVENGERS
- 34. CAFFE ARONNE
- 35. SEATING
- 36. RESTROOMS
- 37. ART GUILD
- 38. REGISTRATION
- 39. START ARCH
- 40. PERFORMER'S TENTS
- 41. AUDIO CONTROL
- 42. GIVEAWAYS | SIGN AND BUTTON MAKING
- 43. PARTICIPANT INFORMATION
- 44. TRIBUTE WALL BOOTH
- 45. FINISH ARCH
- 46. RESTROOMS
- 47. RESTROOMS
- 48. BANDSHELL

